



# Santa Ana Valley Kennel Club

*Not My Breed. Not Your Breed. All Breeds.*

## THE SOMBRERO

December 2015

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### Club Business & Announcements

#### REMINDER

There is no General Meeting in December  
instead we will be enjoying our  
Christmas Party  
at  
Jill & Becky Harts house.  
Please look for details in the Newsletter

\*\*\*\*\*

Our next General meeting is

January 12, 2016

7:00 PM

at

Hemopet

11561 Salinaz Avenue

Garden Grove, CA 92643

\*\*\*\*\*

Meeting Minutes for both the Board and General Membership meetings are chronologically filed on our website.

**SAVKC's 2015-2016 Officers & Board**

**Officers**

President.....Dean Langwiser  
Vice President.....Jill Dominguez  
Secretary.....Tammy Porter  
Treasurer .....Jolene Hicks  
AKC Delegate.....Keith Hicks

**Board of Directors**

Awards & Programs.....Chris Porter  
Communications.....Patty Rusko  
Legislation.....TBD  
Membership.....Burk Hughes  
Performance.....Jill Hart

**Sunshine Person**

Linda Shramenko [lindarose2@verizon.net](mailto:lindarose2@verizon.net)

**Sergeant of Arms**

Keith Hicks

**Breeder Referral Contact**

Vivian Brown

**Website**

Jill Dominguez

**Newsletter**

Tammy Porter

**Publicity**

Jill Dominguez

**2016 Show Chair**

Joe Berkau

**SAVKC Events**

**Save the Dates**

**December 5**

Belmont Shores Christmas Parade  
SAVKC is participating

**December 12**

Annual SAVKC Awards & Banquet  
Jill & Becky Hart's House

**December 19**

Annual Los Alamitos Racetrack  
SAVKC Meetup

**Belmont Shores Christmas Parade - December 5th**

**33<sup>rd</sup> Annual Belmont Shore Christmas Parade**  
**Saturday, December 5, 2015 6pm- 9pm**

**Theme: Miracles on 2nd Street**

We have a fun night planned with a themed antique truck, holiday dog themed music and more!

All dogs and handlers must be dressed in your best Christmas attire, Red or Green shirts, even your favorite Christmas themed sweater. Santa hats, antlers, you name it's all in the name of fun for you and your dog. The event is televised so be creative!

RSVP early as space is filling up fast!

*Be prepared to arrive between 3pm and 4pm on Saturday. Parking is limited and street closures will start at 2pm.*

RSVP to Jill Dominguez at [webdesigner@savkc.org](mailto:webdesigner@savkc.org)

Details on parking and meet up location sent to participants that have confirmed



JOIN THE SANTA ANA VALLEY KENNEL CLUB  
FOR A NIGHT OF FUN WITH YOUR DOGS!  
MARCHING IN THE

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Santa Ana Valley Kennel Club Holiday Party - December 12th

Please RSVP to [Jahart@yahoo.com](mailto:Jahart@yahoo.com)

Remember to BYOB  
and  
a dog related gift for  
the "White Elephant" gift exchange  
(\$10

You are invited to...  
SAVKC Holiday Dinner & Awards Party

	<p>Date: Saturday, December 12th Place: 4005 E. La Veta Avenue Orange, Ca. 92869 Time: 6:00 pm RSVP - (714) 602-9433 or jahari48@yahoo.com BYOB</p>	
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Please bring a dog related gift for the  
"White Elephant" gift exchange  
(\$10.00 limit)



limit)

**Santa Ana Valley Kennel Club Los Alamitos Racetrack Meet up -  
December 19th**

December 19th  
Los Alamitos Racetrack  
4961 Katella Avenue  
Los Alamitos, CA

First post time 6:00

Come out and join club members as we have fun again this year at the racetrack.  
Please RSVP to Keith if you will be attending at

khicks7780@sbcglobal.net

The Vessels Club

**Dress Code:**

In order to avoid embarrassment, please be aware that the dress code for the Vessels Club will be enforced.

**Ladies (including children):**

Appropriate attire required. Suits, pantsuits or daytime dresses preferred. Dress jeans may be acceptable only if worn with a well tailored sport coat. Tee-shirts, shorts, jogging or exercise clothes, or athletic-type shoes are not permitted.

**Gentlemen (including children):**

Appropriate attire required. Suits, sport coats, and dress shoes are preferred. Dress jeans may be acceptable only if worn with a well tailored sport coat. Collared golf shirts may be acceptable if cleaned, tucked in, and stylish. Tee-shirts, shorts, baseball caps, canvas or athletic shoes are not permitted.

**Matters of the Heart**

Posted By Nancy Kay D.V.M

In [Canine Health](#)

Just like us, our dogs and cats can develop heart disease. What may surprise you is that they don't experience heart attacks (myocardial infarctions), the most

common human heart health issue. This is likely because dogs and cats don't live for multiple decades, the time needed for substantial amounts of plaque to accumulate within the coronary arteries. (They don't smoke cigarettes either!)

### **Causes of heart disease in our pets**

Dogs and cats can develop a variety of heart diseases. Some occur more commonly in particular sizes and breeds. Others, such as heartworm disease, affect dogs and cats of all shapes, sizes, and breeds.

The most common cardiac problems in dogs and cats include:

- **Congenital (birth) defects:** This category includes faulty heart valves, wall defects between chambers of the heart, and blood vessels that are abnormally configured. These abnormalities alter normal blood flow in and around the heart.
- **Heartworm disease:** In the infected dog or cat, long spaghetti-like worms set up housekeeping within the heart and arteries that supply the lungs. Left untreated, heartworms can cause both heart and lung disease.
- **Valve disease:** Valves control normal blood flow in and out of the four chambers of the heart. Age-related heart valve degeneration occurs commonly, particularly in small breed dogs. The resulting "valvular insufficiency" leads to heart failure in some, but not all cases. A relatively uncommon disease that can disrupt valve function is endocarditis, a bacterial infection that develops on one or more of the heart valves.
- **Cardiomyopathy (disease of the heart muscle):** The heart muscle can become too thin and flabby (dilated cardiomyopathy) or too thick and stiff (hypertrophic cardiomyopathy). Both conditions impair the normal pumping action of the heart.
- **Arrhythmias (alteration of the normal rhythm of heart beats):** An abnormal heartbeat here and there causes no problem, but multiple abnormal beats can produce significant symptoms.

### **Warning signs of heart disease**

The heart is a muscular pump responsible for circulating oxygen rich blood throughout the body. When the pump fails, not only can abnormal fluid accumulations occur within the body, the animal develops symptoms caused by decreased oxygen supply.

Early warning signs of heart disease can include:

- Increased respiratory rate
- Cough
- Lethargy
- Restlessness during sleep
- Decreased stamina
- Vomiting (occurs in cats)



- Weakness
- Loss of appetite
- Labored breathing
- Distention of the abdomen with fluid
- Blue/purple tinged tongue and gums
- Collapse
- Fainting
- Sudden death
- Sudden paralysis of the hind legs caused by a blood clot within the aorta (occurs in cats)

### **Diagnosis of heart disease**

Tests used to confirm the diagnosis of heart disease commonly include:

- A thorough physical examination that includes auscultation (listening to the heart and lungs with a stethoscope)
- Blood tests including screening for heartworm disease
- An electrocardiogram (ECG) to evaluate the rhythm of the heartbeats
- Chest x-rays to evaluate the size of the heart and identify abnormal fluid in or around the lungs
- An echocardiogram (an ultrasound evaluation that provides a look inside the heart) to evaluate valve function, chamber size, and the strength of heart contractions

### **Treatment of heart disease**

While many canine and feline heart diseases are not curable, they are often very treatable. Medications are the mainstay of treatment for most types of heart disease. They are used to mobilize excess fluid accumulating in the chest, lungs, and/or abdomen. Drugs are also used to decrease the workload on the heart, enhance the strength of heart contractions, and prevent blood clots. If a heart rhythm abnormality is detected, an antiarrhythmic drug may be prescribed. Some types of heart disease are best treated with surgery or a specialized procedure. They may involve installation of a pacemaker, repair of a defective heart valve, or correction of a birth defect.

### **Prevention**

Prevention can reap wonderful benefits when it comes to heart disease. An example is the use of medication to prevent heartworm disease in dogs and cats. A thorough physical examination performed by a veterinarian once a year (twice yearly for senior dogs and cats) is another excellent preventive measure. These exams provide a golden opportunity for early disease detection. In many cases, the earlier heart disease is detected, the better the long-term outcome.

### **Questions for your veterinarian**

If your four-legged best friend has heart disease, here are some key questions to ask your veterinarian:

- What type of heart disease does my pet have?
- How is it best treated?
- How will I know if treatment is working?
- What symptoms should I be watching for?
- When should my pet be rechecked?
- Can you refer me to a specialist? Whenever a serious disease is suspected or diagnosed, a second opinion is a good idea. Additionally, an echocardiogram and other advanced cardiac procedures require specialized equipment and skills. They are best performed by a veterinarian with extra training in cardiology, internal medicine, or radiology.

## Core Conditioning for your Dog

Posted By Brian Lynn

In [Canine Health](#) [Dogs & People](#) [Right Now!](#)

While attending the Purina Sporting Dog Summit, several experts gave advice on ways to keep your dogs healthy and injury free. [Jennell Appel](#), DVM, CCRT; [James L. Cook](#), DVM, PhD, DACVS, DACVSMR Purina's [Arleigh Reynolds](#), DVM, PhD, DACVN all stressed the importance of warming a dog up prior to competition/hunting/exercise and then cooling down afterwards. They also stressed cross-training conditioning - swimming, running, strength training, balance and more - with the thought that a well-rounded and conditioned dog is less likely to undergo a serious injury.

During Dr. Cook's seminar, he mentioned core conditioning. Puppy Pilates, if you will. Like humans, a strong provides a strong foundation for the rest of the body and keeps in aligned. A few simple daily exercises with your dog can help your dog maintain flexibility and strengthen its core, which can reduce the chance of injury. These are exercises that can be done from puppyhood throughout life.

**Nose to butt:** With your dog sitting, use a treat to get him to twist his head towards his seated back end on each side. The dog must remain seated during this exercise. The goal is to turn the trunk of the body, stretching the off side and contracting the muscles of the flexing side. You just go back and forth with your hand to get the dog to turn that direction. At first it's just the dog turning and reaching back there while maintaining a sit position, and then you gradually increase the time he must hold it.

**Leg lifts:** To help with balance lift one of your dog's legs so it's standing on the other three. Rotate around the dog, lifting each leg in turn. Hold the leg aloft for 5 to 10 seconds and do 10 to 20 repetitions three or four times a week. This is a great one for puppies - they learn spatial awareness and how their body fits into

the world around them, as well as better balance. Both things help reduce injury.

**Weight shifting:** Simply nudging your dog, rocking him back and forth slightly can help build core strength, balance and body control. This isn't a shove; it's gentle press against one side so the dog rocks away and compensates for the action by pushing back. Do it on all sides and front and back, if you can. Have the dog put its front feet up on a step to take it to the next level.

**Leash walking:** The most important exercise that you can for both physical and psychological exercise. It teaches obedience and, once learned, gives the dog a time to mentally relax and feel confident in his position - it's important psychologically for the same reason.

**Hill work:** Walk or trot your dog in big figure eight on a hillside; the slope and turning of the body in both directions works the core, balance and weight shifting. Make smaller and smaller figure eights to exaggerate the efforts - you can even have the dog perform them between and around your legs for a great core-stabilizing exercise.

**Cavaletti's:** The old football drill of stepping through a row of tires with each foot quickly has been adapted for dogs, only instead of tires, the dogs step over obstacles. These aren't high obstacles (which can consist of knee-high or lower broom sticks, string, etc.), but rather just high enough to get them to lift all four legs; it's the stepping over action that's important. Begin with your obstacle course step-overs two full stride lengths apart and then cut it down to one stride as the dog understands the concept. Eventually you can get it to a half-stride and the dog will really have to work all four limbs simultaneously.

**Swimming:** Low impact, resistance exercise that works the entire body, swimming is one of the greatest things you can do with your dog. From core strengthening to warm up and cool down to conditioning and rehabilitation, swimming is an important exercise all dogs should undertake - put a life jacket on your pooch if you must.

Thanks to Paw Print Genetics

Happy Holidays





**Happy  
Hanukkah**



## Stay In Touch With Your Club

Santa Ana Valley Kennel Club's Website....For club news and archives

<http://www.savkc.org/>

## Delta to Stop Accepting Pets as Checked Baggage

Posted By Press Release

In [Learn!](#) [News Bites](#) [Press Releases](#)

Delta will no longer accept pets as checked baggage, but will continue to transport allowable pets in all cabins of service except Delta One, effective March 1, 2016. Customers may also ship pets for travel within the United States as freight through Delta Cargo.

One notable exception to this new policy: Members of the military with active transfer orders will be allowed to transport a pet as checked baggage. Additionally, Delta will continue to accept service and emotional support animals that comply with federal regulations including proper documentation.

***Allowable pets can still be transported in most cabins or via Delta Cargo.***

"Many of us at Delta are pet lovers and we know that they are important members of the family," said Bill Lentsch, Senior Vice President - Airport Customer Service and Cargo Operations. "This change will ultimately ensure that we have a high-quality, consistent service for pets when their owners choose to ship them with Delta Cargo."

Pets that are transported via Delta Cargo are monitored closely by customer service teams during their travel. While at airports, pets are handled in temperature-controlled holding areas and vans. Also, Delta Cargo enlists professional kenneling services if overnight stays are required.

With the change effective March 1, customers will be able to travel with a pet as checked baggage through Feb. 29. Also, Delta will contact customers with bookings after March 1 that are known to include pets as checked bags. Guidance for customers traveling with pets can be found at [delta.com](http://delta.com), but customers choosing to ship a pet with Delta Cargo should note that:

charges may apply.

- A pet shipped domestically via [Delta Cargo](#) cannot be booked until 14 days prior to departure.
- Pets are not guaranteed to be shipped on a customer's same flight or flight schedule.
- Shipping a pet requires dropping it off at a Delta Cargo location at least three hours before departure time at a location separate from passenger check-in.
- Picking up a pet will also occur at a Delta Cargo location.
- Delta Cargo will only accept international pet shipments from International Pet and Animal Transportation Association members. International customers should visit [ipata.org](http://ipata.org) to find an approved member to assist with their transportation requirements.



## Brag

\*\*\*\*\*

Congrats to all of you and those who forgot to brag !

Please remember to send in your brags.  
Each of you and your dog work hard to earn them,  
so why not be proud and share them with your club ?

**From The Editor**

Hope to see many of you at our upcoming events!

~Merry Christmas & Happy Hanukkah ~

Wishing everyone the best in 2016 !



Tammy